

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Den Broeck Dennis

Coaches: Van Den Broeck Michaël

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:2, starttime: 14:10
Heat: 2/7 Lane : 1 Athlete: VAN LOON BAS			Q-time: 01:19:18
PB (50m pool): 01:19.18 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:12.54 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.91	01:19.18	
	00:38.91	00:40.27	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:2, starttime: 14:24
Heat: 2/3 Lane : 5 Athlete: VERSPECHT LIEN			Q-time: 01:15:43
PB (50m pool): 01:15.43 Aalst 11/05/2025 PB (25m pool): 01:12.15 SB: no time			
	5 0 M	1 0 0 M	
PB	00:35.84	01:15.43	
	00:35.84	00:39.59	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:1, starttime: 14:33
Heat: 1/4 Lane : 4 Athlete: REYNIERS FIEN			Q-time: 00:35:90
PB (50m pool): 00:35.90 Wezenberg 05/01/2025 PB (25m pool): 00:34.64 SB: no time			
	5 0 M		
PB	00:35.90		
	00:35.90		
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZCK

Event number: 26: 50M FREESTYLE MEN 15-16		Heat:1, starttime: 14:37
Heat: 1/3 Lane : 4 Athlete: VAN DEN BROECK TIEBE		Q-time: 00:32:86
PB (50m pool): 00:32.86 Wezenberg 05/01/2025 PB (25m pool): 00:31.54 SB: no time		
	5 0 M	
PB	00:32.86	
	00:32.86	
		

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 15-16		Heat:2, starttime: 14:38
Heat: 2/3 Lane : 7 Athlete: VERSPECHT KOBE		Q-time: 00:29:98
PB (50m pool): 00:29.98 Antwerp 02/02/2025 PB (25m pool): 00:29.42 SB: no time		
	5 0 M	
PB	00:29.98	
	00:29.98	
		

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 15-16		Heat:3, starttime: 14:39
Heat: 3/3 Lane : 4 Athlete: BAKX WARRE		Q-time: 00:26:14
PB (50m pool): 00:29.52 Wezenberg Antwerpen 07/01/2024 PB (25m pool): 00:26.14 SB: no time		
	5 0 M	
PB	00:29.52	
	00:29.52	
		

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 15-16		Heat:3, starttime: 14:39
Heat: 3/3 Lane : 8 Athlete: VAN LOON BAS		Q-time: 00:28:37
PB (50m pool): 00:28.37 Aalst 11/05/2025 PB (25m pool): 00:27.42 SB: no time		
	5 0 M	
PB	00:28.37	
	00:28.37	
		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZCK

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:1, starttime: 14:40
Heat: 1/8 Lane : 5 Athlete: DE TOLLENAERE LAURA			Q-time: 01:14:64
PB (50m pool): 01:14.64 Antwerpen 13/07/2025			PB (25m pool): 01:13.60 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.40	01:14.64	
	00:35.40	00:39.24	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:3, starttime: 15:09
Heat: 3/6 Lane : 1 Athlete: VERSPECHT LIEN			Q-time: 00:43:61
PB (50m pool): 00:43.61 Wezenberg 05/01/2025			PB (25m pool): 00:41.90 SB: no time
	5 0 M		
PB	00:43.61		
	00:43.61		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:3, starttime: 15:09
Heat: 3/6 Lane : 2 Athlete: GEENS AMÉLIE			Q-time: 00:42:96
PB (50m pool): 00:42.96 Wezenberg 05/01/2025			PB (25m pool): 00:41.36 SB: no time
	5 0 M		
PB	00:42.96		
	00:42.96		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:4, starttime: 15:10
Heat: 4/6 Lane : 4 Athlete: DALEMANS LYN			Q-time: 00:39:29
PB (50m pool): 00:38.89 Gent (Rozebroeken) 03/03/2024			PB (25m pool): 00:35.24 SB: no time
	5 0 M		
PB	00:38.89		
	00:38.89		
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZCK

Event number: 29: 50M BREASTSTROKE WOMEN 17+				Heat:6, starttime: 15:12	
Heat: 6/6 Lane : 1 Athlete: VAN DEN EEDE OLIVIA				Q-time: 00:36:71	
PB (50m pool): 00:36.71 Antwerpen 27/07/2025				PB (25m pool): 00:35.23 SB: no time	
	5 0 M				
PB	00:36.71				
	00:36.71				
					

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+				Heat:3, starttime: 15:16	
Heat: 3/6 Lane : 1 Athlete: KENNES KYLIAN				Q-time: 00:30:55	
PB (50m pool): 00:29.79 Antwerp 04/02/2024				PB (25m pool): 00:30.03 SB: no time	
	5 0 M				
PB	00:29.79				
	00:29.79				
					

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 15+						Heat:1, starttime: 15:31	
Heat: 1/2 Lane : 3 Athlete: TEAM ZCK 2						Q-time: 02:12:00	
PB (50m pool):			PB (25m pool):		SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M			
PB							
							

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 15+						Heat:2, starttime: 15:34	
Heat: 2/2 Lane : 8 Athlete: TEAM ZCK 1						Q-time: 02:04:00	
PB (50m pool):			PB (25m pool):		SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M			
PB							
							

Coach feedback: